



Department of Community and Family
Medicine
All India Institute of Medical Sciences
Bathinda (Punjab)



Cordially Invites you to the observation of

National Nutrition Week (Sep. 1-7, 2021)

“Theme: Converging towards a healthy walk-through life”

Patron

Prof. Dr. D.K. Singh
Director and CEO,
AllIMS Bathinda

Co-Patron

Prof. Satish Gupta
Dean, AllIMS Bathinda

Organizing Chairperson

Dr. Bhola Nath,
Addl. Prof. & HOD,
Dept. of CFM

Organizing Secretary

Dr. Ankita Kankaria,
Asst. Prof., Dept. of CFM

Organizing

Committee members

Dr. Ramnika Aggarwal
Dr. S.S. Sahoo
Dr. Madhur Verma

Date and Time	Activities
01-09-2021 9am-1 pm	Comprehensive Health Check up at Govt School, Badal
3.00 pm-3.05 pm	Inaugural address: Director AllIMS Bathinda
3.05 pm 3.10 pm	Welcome address: Dean , AllIMS Bathinda
02-09-2021 10 am-11 am	Health Talk in the OPD
03-09-2021 2pm-5pm	National CME*
04-09-2021 10am-1 pm	Role play, Health talk and nutrition games, at Govt School and Health talk in the community centre Bulladewala
06-09-2021 6 am-8 am	Health Run 3km/5km, AllIMS Campus
07-09-2021 10am-1 pm	Nutritional assessment of NCC staff children and women of reproductive age group

Highlight of the week: National CME on 03-09-2021



National CME



Empowering vulnerable through Nutrition

Department of Community and Family Medicine,
All India Institute of Medical Sciences Bathinda (Punjab)

Date: September 3, 2021

Time	Activity	Resource Person
2.00 pm-2.10 pm	Welcome Address	Dr. Bhola Nath , Additional Professor, Department of Community and Family Medicine, AIIMS Bathinda
2.10 pm-2.20 pm	Keynote Address	Prof. Dr. D.K. Singh , Director and CEO, AIIMS Bathinda
2.20 pm-2.50 pm	Nutrition during growing years	Dr. Anuja Agarwala Senior Pediatric Dietician, AIIMS, New Delhi
2.50 pm-3.20 pm	Addressing Undernutrition in India and role of Fortification	Dr. Joshita Lamba Deputy Lead Food Fortification Resource Centre (FFRC), FSSAI
3.20 pm-3.50 pm	Nutrition in Pregnancy (Focussing on Gestational Diabetes)	Chhavi Kohli Senior Diabetes Educator & Nutritionist Division of Endocrinology and Diabetes Medanta the Medicity, Gurgaon.
3.50 pm-4.20 pm	Nutrition and Non- Communicable disease	Dr. Swati Bhardwaj PhD Foods and Nutrition Technical Advisor Nutrition Resolve to Save Lives Vital Strategies, India
4.20 pm-4.40 pm	Panel Discussion Q&A	Dr. Swati Bhardwaj and Dr. Ankita Kankaria
4.40 pm-4.45 pm	Vote of Thanks	Dr. Ankita Kankaria Assistant Professor, Department of Community and Family Medicine, AIIMS Bathinda

Registration is free but mandatory. Link for registration: <https://forms.gle/GcEdhg9woRG7qb5o7>

Google meet link for CME: <https://meet.google.com/kif-ecbp-rxr>

E certificate will be distributed to the registered participants on completion of Pre and Post-test.

For any query: cfmofficeaiimsbti@gmail.com. Phone no: 0164-2867311/+919646259076