

National Update on Chronic Pain 2021

Celebrating September as the Pain Awareness Month

All India Institute of Medical Sciences, Bathinda

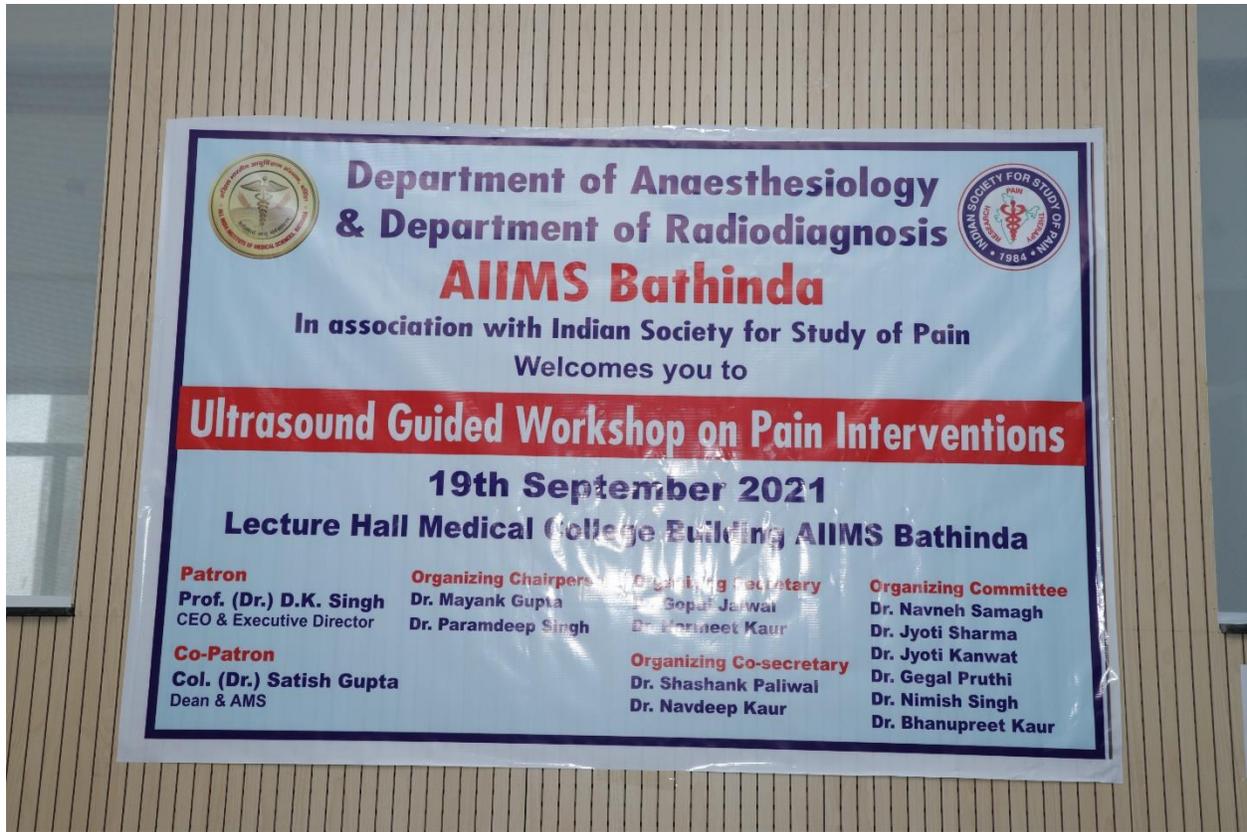
After a great deal of enthusiasm and preparation All India Institute of Medical Sciences, Bathinda in association with the Indian Society for Study of pain successfully organized 1st National Update on Chronic Pain (NUCP 2021) on 18th and 19th September 2021. The conference was part of a month-long activities to celebrate September as the pain awareness month. Themed as “My pain My Voice”, NUCP 2021 was one of its kind events addressing varied aspects of chronic non-cancer and cancer pain.

The conference was conducted under the able guidance of and inaugurated by Prof. (Dr.) D. K. Singh, honorable Executive Director and CEO, AIIMS Bathinda. A comprehensive scientific and academic program was designed by the organizing chairperson of the conference Dr. Mayank Gupta, Associate Professor, Department of Anaesthesiology, AIIMS Bathinda. The academic program commenced with Dr. Sushma Bhatnagar, Prof. and Head, Department of Onco-anaesthesia and Palliative Medicine, AIIMS, Delhi sharing her decades of experience in managing cancer pain. She emphasized upon addressing the psychosocial and spiritual domains of suffering as an indispensable components of holistic and comprehensive patient care. The other eminent national faculty like Prof. (Dr.) Babita Ghai, Dr. Pankaj Surange, Dr. Gautam Das, Dr. Muralidhar Joshi, Dr. Naveen Malhotra, Dr. Mayank Gupta, Dr. Ruchi Gupta Dr. Sadashivan Iyer and Dr. Mohd. Yunus Khilji addressed evidence-based and comprehensive management of patients suffering from other chronic painful conditions.

The conference held over two days witnessed enthusiastic participation of more than 100 delegates in the academic discussions, poster and quiz competitions. The ingenuity of budding doctors reached its pinnacle in displaying varied dimensions of pain, suffering, agony and discomfort of patients. An Ultrasound guided workshop on pain interventions conducted on Sunday, 19th September enabled delegates to complement the knowledge gained with improvement in practical skills. The workshop with eminent interventional pain physicians from different parts of country as faculty emphasized the importance of effective and safe conduct of image guided interventions patients not responding to non-pharmacological and pharmacological management. The knowledge and skills gained by the doctors is expected to improve pain management and the quality of life of innumerable patients suffering from chronic non-cancer and cancer pain.

The success of the conference was culmination of efforts of a dedicated, enthusiastic and hardworking team of the dept. of Anaesthesia and Radiodiagnosis, AIIMS, Bathinda.









Brave - Strong - Fearless

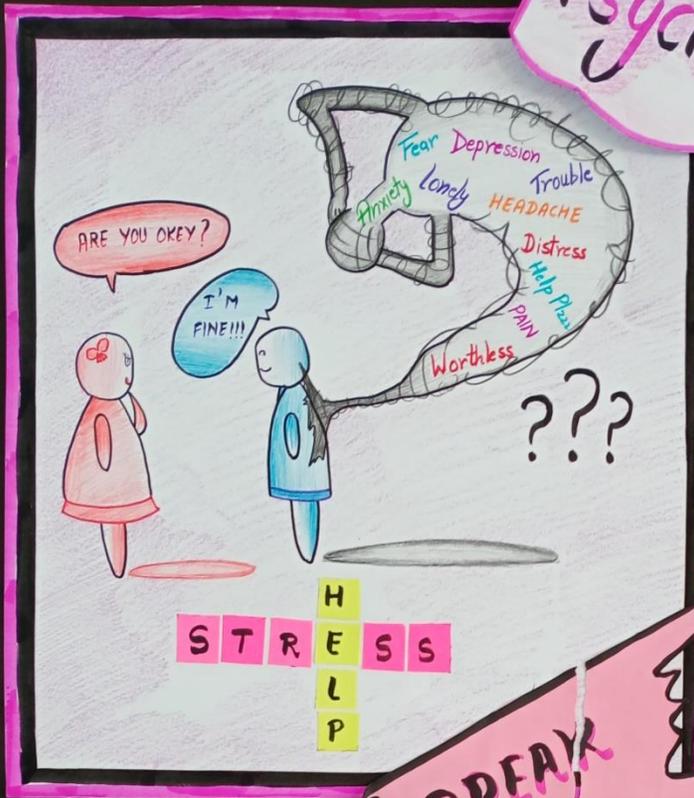
Chronic Pain

Warrior

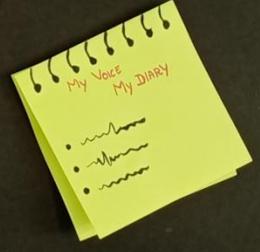
Name - Pulkit Sharma
MBBS 1st prof

Pulkit

Psychological Pain



BREAK THE SILENCE!



Thank You to the ears that listen to the Voice that guides



My Pain My Voice

NIDHI D/o RAM KUMAR
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