

# Report

## Anemia screening camp

**Venue:** Government High Schools of Banghi Rughu, Tarkhanwala, Laleana and Mahi Nangal

**Date:** 8<sup>th</sup> and 9<sup>th</sup> February 2024

**Time:** 9:00 am – 3:00 pm

**Team:** Faculty, Residents and interns from CFM department and MAMTA NGO team.

Department of Community and Family Medicine, AIIMS Bathinda in collaboration with MAMTA NGO organized a comprehensive Anemia screening camp at Government Schools across Bathinda district. The residents & interns of CFM were divided into 2 teams and conducted screening services which started with health promotion activity regarding Anemia - its causes, signs and symptoms, dietary recommendations, and prevention among adolescent girls (middle school and high school students). A health talk on menstrual hygiene was also delivered among them following which hemoglobin was measured using hemocue instrument under aseptic condition by interns. Details of the students were taken in excel sheet and feedback was given to the students regarding their hemoglobin status in the form of hemoglobin report cards.

**8<sup>th</sup> February 2024** (Government high school, Banghi Rughu and Tarkhanwala) - A total of 63 and 72 adolescent girls were screened for anemia at these two camp school sites.

**9<sup>th</sup> February 2024**(Government high school, Laleana, and Mahi Nangal) - A total of 81 and 79 adolescent girls were screened for anemia at the two camp school sites.

The positively screened adolescent girls were appropriately counselled regarding their dietary habits, biannual deworming and IFA supplementation, and general well-being as a whole.

