

Report

Occasion: **World No Tobacco Day**

Date: 29-31 May 2024

Venue: Department and Urban and Rural field practice area of Community and Family Medicine

On the occasion of '**World No Tobacco Day 2024**' different activities were organized by the Department of Community and Family Medicine from May 29-May 31, 2024.

A health screening camp for the employees of AIIMS, Bathinda from department of accounts, recruitment, procurement, establishment, security and sanitation. The camp started with the sensitization of the beneficiaries regarding the harmful effects of tobacco consumption and awareness regarding health legislation was delivered by the faculty. A total of 62 beneficiaries were given consultations at the screening camp. The beneficiaries were screened for non-communicable diseases. Identification details, dietary patterns, family history, weight, height, blood pressure, random blood sugar (RBS), oral and breast cancer screening were done. The patients who were found to have advanced health issues were counseled, called for follow up, or referred to the respective departments accordingly. No tobacco consumption pledge was undertaken by the beneficiaries at Department of Community and Family Medicine in an initiative to promote tobacco-free home and campus.

Poster and slogan-making competition was organized based on the theme '**Protecting children from tobacco industry interference**' for MBBS and nursing students for which winners were felicitated by the respected Dean of Academics Dr Akhilesh Pathak and Head of the department.

Health talk on 'Effects of tobacco consumption, Tobacco Cessation and availability of deaddiction facilities' was delivered at rural health training centre (RHTC) at SDH Badal by interns followed by pledge taking ceremony on no tobacco consumption at home or work by the general public.

Awareness regarding harmful effects of tobacco was also conducted at UPHC Lal Singh Basti by interns followed by pledge taking.

Central library, AIIMS Bathinda also included a special section to generate awareness on promote the no tobacco campaign and spread awareness regarding tobacco free campus.

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Glimpse from different activities done on occasion of World No Tobacco Day