## **World Mental Health Day Celebration**

On

## 16 October 2025,

## Institute of Nursing Education and Research (INER) in Collaboration with Department of Psychiatry, AIIMS Bathinda

## **Organized Awareness Rally**

The event was held under the esteemed guidance of **Prof.** (**Dr**). **Ratan Lal Gupta**, Executive Director, AIIMS Bathinda.

Awareness Rally on the theme "Mental Health in Catastrophes and Emergencies" was successfully organized on 16<sup>th</sup> October 2025 at All India Institute of Medical Sciences Bathinda. The event aimed to promote awareness about the importance of ensuring mental health care accessibility during times of crisis and emergencies.

The celebration was graced by distinguished faculty including Dr. Gurvinder Pal Singh, Professor & Head Department of Psychiatry, Prof. (Dr.) Kamlesh K. Sharma, Professor Cum Principal, INER, Dr. M. P. Singh, Professor & Head Department of General Surgery, Dr. Narinder Kaur Walia, Ms. Navjot Kaur, Mr. Atul Sharma, Mr. Pardeep Kumar, Senior Residents, Junior Residents, Nursing Officers and B.S.c / M.S.c Nursing Students of AIIMS Bathinda. Their presence and encouraging words motivated the students and faculty to continue promoting mental health awareness and services in all circumstances. The event proved to be an effective and engaging outreach activity, promoting awareness, education, and community participation in health initiatives.